

J U N E 2 0 1 6

The Splash

Southgate Swim Club, Home of the Penguins

Family Fun Club Schedule

July 15th 7:00-9:30
Salsa Contest &
Night Swim

August 5th 7:00-9:30
Raffle &
Night Swim

September 17, 7-9:30
Movie &
Night Swim

A MESSAGE FROM THE PRESIDENT

Warm weather is here! I've already seen so many families & friends at Southgate Swim Club out enjoying this beautiful weather, our refreshing pool, and taking some time to relax! This makes me so happy, I love this time of year. Living in the Bay Area can be very stressful with work, commuting, school, sports, etc. For us especially it is very important to find time to relax, unwind, and take a moment for you and your family; what better way to spend an hour (or all day) than at Southgate Swim Club.

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Hours
Weekends only
Till June 20th
1:00pm to
7:00pm

Salsa Contest &
Night Swim
July 15th
7:00pm to
9:00pm

Penguin
Swim Meet
June 18th
at Southgate
8:00am to
12:00pm

A MESSAGE FROM THE PRESIDENT

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This 2016 summer is almost here and we are ready with Family Fun Club events, the upcoming swim team season, and most importantly a safe place for our kids to hang out during summer vacation.

Within the last five years Southgate Swim Club has come a long way since our huge remodel. Our membership has grown from 30 families to now over 75 families and growing. Southgate Penguins summer team still calls Southgate Swim Club home for over 35 + years. We also have Moreau Catholic High School's swim team that has called Southgate home for the last three years. Your Board of Directors have been working very hard all year planning for the coming season. We have worked on many projects over the winter and spring

Which includes the replacement of the roofs over the bathrooms, office, and half of the pump room. We've also painted the outside and inside of the club, added an additional water line, and we are currently installing the Verizon Tower..

VOLUNTEERS = Southgate Swim Club was created and has been maintained 100% by Volunteers for 50+ years now. Please know that the only people we have on our payroll are our dedicated Lifeguards and Swim Instructors. **All of the duties - Clean and maintain the pool, the grounds, pay the bills, organize events, gardening, buying supplies, sending email notifications, etc. is all done by volunteers!**

All the updates at Southgate Swim Club have been accomplished by those who stepped up to assist and offered their time. These wonderful people offered their time and volunteered countless hours as well as donating many supplies. Please take a moment to thank those that have gone above and beyond (without asking for recognition) to help make Southgate Swim Club the wonderful and beautiful place it is today.

We are always looking for enthusiastic members that are interested in joining our Board of Directors or if you're just interested in helping a few times a year; all help is welcomed with open arms. We are looking for all skill sets and passions - is your passion for the outdoors? Join our maintenance team or just come to help working around your schedule to garden, paint, etc. If your skill set is customer service and community come help to organize volunteer projects and events for our membership (book club, yoga, picnics, etc.). Your passion may be writing grants; we have a need for this also. All skill sets are welcome.

Please, invite your family, friends and neighbors to Southgate Swim Club. ***Remember - every person you refer and their family become a member for this year (2016) you will receive a \$50 credit towards your next year's (2017) annual dues; this includes single person memberships.***

On behalf of the Board of Directors, we want to wish all the father's a wonderful Father's Day on Sunday, June 19th, we are looking forward to an outstanding 2016 season of FUN IN THE SUN.

Sincerely,
Tracy Diaz-Dominguez
Board of Directors President

For Free: The beloved Southgate Ping Pong Table. If anyone is interested, please contact Tracy Diaz. Must be able to haul away.



Planning a Party? Why not have it at Southgate Swim Club?

16 to 25 guests \$150 (member),
\$200 (non-member)

26 to 50 guests - \$225 (member),
\$300 (non-member)

51 to 100 guests - \$325 (member),
\$400 (non-member)

Night Parties are available

For more information about booking a party,
contact Paige Adza at (510) 887-3912

You **DO NOT** need to be a member of
Southgate Swim Club to book a party.

Prices are for the 2016 season and
are subject to change

RECYCLE

A special **THANK YOU** to Anthony Taino from Boy Scout Troop 168 for designing and constructing our new recycling bins. Anthony is working towards his Eagle Scout. He designed them to roll to wherever we need them and the removable bins help to put the recycling in the white Waste Management dumpster in the parking lot.

We ask that everyone do their part to keep our club **GREEN** and put an end to waste at Southgate. You do not need to rinse items out to put in recycling. Please do not put garbage in these bins.





Southgate Swim Club Night Swim & Salsa Making Contest



July 15th,
7:00pm to 9:30pm

ALL ARE WELCOME

\$3.00 per person for swimming
No cost to enter contest



Bring a big bowl of your best homemade salsa for everyone to try. The salsa with the most votes wins! Snack bar selling tacos and drinks.

You do not need to be a member of Southgate Swim Club to attend. For more information or to RSVP, visit www.southgateswimclub.org or email southgatefamilyfun@att.net



SUMMER ICECREAM

Ingredients

- $\frac{1}{2}$ Cup heavy whipping cream or half and half
- $\frac{1}{2}$ Tsp. vanilla
- 1 Tbls. granulated sugar
- $\frac{1}{2}$ Cup rock salt
- 3 Cups crushed ice
- 1 Gallon freezer bag
- 1 sandwich size freezer bag

Directions

In gallon size bag, mix salt and ice. In sandwich size bag, mix whipping cream, vanilla and sugar. Seal sandwich bag tightly and place in gallon size bag. Shake bag for 5 to 10 minutes till frozen. Scoop out and enjoy

Variations

Chocolate: add 2 tsp. of cocoa powder and $\frac{1}{2}$ tsp. of sugar.

Strawberry: add 3 Tbls. of crushed strawberry.

VOLUNTEER HOURS

This year the club will be enforcing volunteer hours. Each family is required to give at least five hours of volunteer service to the club per year. We will allow families to buy out if they desire and then hire outside labor to the extent we can. However, we would prefer families feel a sense of ownership in the club and help to maintain it. Some areas that you and your family could volunteer are:

- Refrigerator cleaning
- Parking lot maintenance - weed eating, garbage patrol, sweeping
- Parking lot garden maintenance
- Front desk monitor on weekends
- Weeding tree area in pool
- Hedge maintenance
- BBQ cleanout
- Family Fun event help, setup and cleanup
- Bathroom maintenance
- Any special skills or project you think might help the club? - Carpentry, exterminator, photographer, computer tech?
- Cleanup days
- Lawn chair maintenance

We are working to come up with a task list, schedule, sign in sheet and buyout form. Watch your inboxes for more information.

Southgate Swim Lessons

Children Lessons

Session 1: June 20-July 1

Session 2: July 5-July 15

Session 3: July 18-July 29

*All sessions do not include weekends and are 30 minutes each

Morning Session times:

9:30am-10am

10:05am-10:35am

10:40am-11:05am

Evening Sessions:

5:20pm-5:50pm

5:55pm-6:25pm

6:30pm-7:00pm

There will be no class on July 4th

Cost and Payments:

Members:

Children (3 & up) \$60.00 per sessions

Adult (15 & up) \$80.00 per session

Non-Members:

Children (3 & up) \$75.00 per session

Adult (15 & up) \$95.00 per session

We accept:

- Cash (lifeguards will not be able to accept this)
- Check (if mailed please send 1 week before session starts)
- PayPal (you will be invoiced)

Adult Lessons (Ages 15 & up)

Session 1: June 20-July 1

Session 2: July 5-July 15

Session 3: July 18-July 29

*All sessions do not include weekends and are 30 minutes each

Evening Sessions:

5:20pm-5:50pm

5:55pm-6:25pm

6:30pm-7:00pm

There will be no class on July 4th

Sign Ups

Contact Jessica Dominguez at
jessicadominguez@gmail.com

If you are interested in Private Swim Lessons (3 and up), contact Jessica Dominguez

THE PENGUIN PRESS

Coaches Corner - A message from Coach Kris

Southgate opened up our 2016 dual meet season against EBSL powerhouse Mission Valley. MV has won 10 EBSL titles since 2000, and has not finished lower than 3rd place in that time frame. We were definitely a bit over matched! We set a goal to not get blown out, coaches felt like losing by a margin of 200-225 points would be a respectable loss.... but yet again the Southgate 10 and unders came out and shocked everyone at the meet. They helped lead SG to a very respectable 170 point loss against a top team!

We are taking all this positive momentum into a showdown with cross town rival Treeview this Saturday! Wish us luck as we go for our first win of the 2016 season!!! Also, pretty sure we have set a SG record on team size. We are setting final roster at 130 swimmers!!! Great things to come this season!

Don't forget... ALUMNI MEET JULY 9TH!!!

Coach Kris

**I WON'T PREDICT ANYTHING HISTORIC
BUT NOTHING IS IMPOSSIBLE**

~ MICHAEL PHELPS

2016 Themes

June 11th ~ PIRATE

June 18th ~ DISNEY

July 9th ~ MARDI GRAS

All away meets will be
PENGUIN PRIDE

Southgate Penguin Merchandise

Show your team spirit by wearing our new team merchandise; Hoodies, shirts, towel, beanies and much, more. Visit Swimoutlet.com for more information.

2016 Swim Team Schedule

June 11th ~ Home, Treeview Dolphins

June 18th ~ Home, Bay Area Dolphins

June 25th ~ Away, Seals Swim Club

July 2nd ~ NO MEET

July 9th ~ Home, Castro Valley Crocodiles

July 16th ~ Away, Chabot Marlins

July 23rd ~ Away, Warm Spring Gators

July 30th ~ CHAMPS, Chabot College Pool

For more information or directions to away pools, go to East Bay Swim League's web site at www.EBSL.org

JUNE 4, 2016. SOUTHGATE PENGUINS VS. MISSION VALLEY BARRACUDAS



Please mail all membership payments to Heidi Adza at P.O. Box 138, Mt. Eden, CA 94557. For any questions, please email at southgatemembership@gmail.com

Next Board Meeting will be July 5th at 7:00pm at the Public Works Building on Kay and Turner

Board of Directors

President	Tracy Diaz
Vice President	Andrea Ford
Secretary	Pam Laase
	Jane Mullins
Treasurer	Crystal Brauns
Membership	Heidi Adza
Maintenance	Chuck Hallinan
	Jason Schwartz
Fundraising	Open
Family Fun Club	Sheryl Hallinan
	Theresa Garcia
	Andrea Ford
Program Coordinator	Deanna Murchison
Pool Rental	Paige Adza
Swim Team Liaison	Cindy Diala

Visit us at
WWW.southgateswimclub.org



**We have to have
the mentality
that we have to
work for
everything we're
going to get**

~ Stephen Curry